

# WEEK 1

## MONDAY

Pork meatballs  
or Quorn meatballs  
with gravy  
and boiled potatoes  
or  
Tomato & basil pasta  
or  
Jacket potato with  
filling



Carrots  
Mixed veg



Spiced pineapple  
upside down cake  
with custard

## TUESDAY

Beef or Quorn pasta  
bolognaise  
or  
Cheese & potato  
cake  
or  
Ham salad wrap with  
veg sticks



Baked beans  
Sweetcorn



Flapjack

## WEDNESDAY

Chicken curry or  
Quorn curry and rice  
or  
Vegetable hotpot  
or  
Jacket potato with  
filling



Cauliflower  
Green Beans  
Naan bread



Oaty biscuits and  
raisins

## THURSDAY

Roast chicken  
Yorkshire pudding  
and gravy  
or  
Quorn mince and  
Gravy  
or  
Egg and tomato  
wholemeal roll with  
veg sticks



Roast potatoes  
Broccoli  
Swede



Chocolate Sponge  
with custard

## FRIDAY

Breaded cod star  
with ketchup  
or  
Bean and Quorn  
sausage brunch pot  
or  
Jacket potato with  
filling



Chips  
Peas  
Sweetcorn



Jelly & Fruit

Available every day: Fresh baked bread, mixed salad, fruit salad,  
whole fruit, yoghurts, cheese and crackers, milk and fresh water

# WEEK 2

## MONDAY

Sausage or vegetarian sausage with boiled potatoes and gravy  
or  
Neapolitan pasta  
or  
Egg and tomato wholemeal roll with veg sticks

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Carrots  
Peas

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Ginger sponge with custard

## TUESDAY

Cottage pie or Quorn cottage pie and gravy  
or  
Cheese pastry with potato wedges  
or  
Jacket potato with filling

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Sweetcorn  
Green beans

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Chocolate & mandarin sponge with custard

## WEDNESDAY

Sweet potato & chicken curry or Quorn curry and rice  
or  
Plain omelette, roast potatoes & coleslaw  
or  
Ham and tomato wholemeal roll with veg sticks

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Broccoli  
Carrots  
Naan bread

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Ginger biscuits and raisins

## THURSDAY

Roast turkey or Quorn fillets with stuffing, creamed potato and gravy  
or  
Macaroni cheese  
or  
Coronation chicken wrap with veg sticks

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Cabbage  
Mixed veg

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Marble sponge with custard

## FRIDAY

Fish fingers  
or  
Quorn nuggets  
or  
Jacket potato with filling

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Chips  
Baked beans  
Peas

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Fruity flapjack

Available every day: Fresh baked bread, mixed salad, fruit salad, whole fruit, yoghurts, cheese and crackers, milk and fresh water

# WEEK 3

## MONDAY

Sausage or  
vegetarian sausage  
with Yorkshire  
pudding  
or

Plain omelette  
or  
Jacket potato with  
filling

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Creamed potato  
Mixed veg  
Sweetcorn

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Fruit Crumble with  
custard

## TUESDAY

Mince or Quorn  
mince cobbler  
or  
Cheese and tomato  
swirl  
or

Ham and cheese  
salad wrap with veg  
sticks

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Potatoes  
Swede  
Broccoli

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Hot chocolate fudge  
cake with custard

## WEDNESDAY

Chicken or Quorn  
korma with rice  
or  
Sweet and sour  
vegetables with  
noodles  
or

Jacket potato with  
filling

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Mixed veg  
Cauliflower  
Naan bread

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Crunchy biscuits with  
fruit wedges

## THURSDAY

Roast gammon with  
gravy  
or  
Quorn sausages with  
gravy  
or

Egg and tomato  
wholemeal roll with  
veg sticks

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Boiled potatoes  
Cabbage  
Carrots

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Chocolate crunch  
with chocolate sauce

## FRIDAY

Salmon fishcake  
or  
Cheese and tomato  
pizza  
or

Jacket potato with  
filling

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Chips  
Peas  
Baked beans

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Jam sponge with  
custard

Available every day: Fresh baked bread, mixed salad, fruit salad,  
whole fruit, yoghurts, cheese and crackers, milk and fresh water