

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Option	Sausage or Quorn Sausage Yorkshire Pudding with gravy and creamed potatoes	Beef or Quorn pasta bolognaise	Chicken or Quorn Curry With Wholegrain Rice	Roasted Turkey or Quorn Sage & Onion Stuffing With gravy	Fish Fingers or vegetable fingers
Second Option	Tomato and basil pasta	Sweet and Sour Vegetable with Noodles	Cheese and onion paste with baked potato wedges	Cheese and Potato Cake	Quorn Sausage in a finger bun
Lighter Option	Jacket potato with filling	Jacket potato with filling	Jacket potato with filling	Jacket potato with filling	Jacket potato with filling
Accompaniments	Carrots Peas	Sweetcorn Carrot batons	Cauliflower Green beans	Boiled potatoes Broccoli Mixed veg	Chips Baked beans Peas
Additional Items	Fresh baked bread Mixed salad	Fresh baked bread Mixed salad	Naan Bread Mixed salad	Fresh baked bread Mixed salad	Fresh baked bread Mixed salad Ketchup
Dessert	Angel Delight and fruit	Marble sponge with custard	Crunchy biscuits and raisins	Mandarin sponge with custard	Ice cream sponge roll with fruit coulis
Cold options	Fruit salad, whole fruit, yogurts, cheese and crackers, milk and fresh water				

Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Option	Pork meatball with tomato pasta	Savoury mince or Quorn mince	Katsu curry chicken bites or Quorn bites with wholegrain rice	Roast chicken or Quorn fillet with Yorkshire pudding, roast potatoes and gravy	Fish star
Second Option	Cheese and onion quiche with baked diced potatoes	Quorn sausage and gravy	5 Bean chilli and wholegrain rice	Macaroni cheese	Cheese and tomato pizza slice
Lighter Option	Jacket potato with filling	Jacket potato with filling	Jacket potato with filling	Jacket potato with filling	Jacket potato with filling
Accompaniments	Coleslaw Sweetcorn	Creamed potato Broccoli Mixed veg	Carrots Cauliflower	Cabbage Mixed veg	Chips Baked beans Peas
Additional items	Fresh baked bread Mixed salad	Fresh baked bread Mixed salad	Naan Bread Mixed salad	Fresh baked bread Mixed salad	Fresh baked bread Mixed salad Ketchup
Dessert	Chocolate crunch	Lemon sponge with custard	Ginger biscuit and raisins	Flapjack with custard	Ice cream and fruit
Cold Options	Fresh fruit salad, whole fruit, yogurts, cheese and crackers, milk and fresh water				

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Option	Chicken and sweetcorn pasta bake	Beef burger or Quorn in a bun with baked potato wedges	Chicken or Quorn korma with wholegrain rice	Roast gammon or Quorn fillet with gravy	Tuna melt
Second Option	Cheese and potato pie	Vegetable savoury rice	Cheese and tomato swirl with herby diced potatoes	Cheese or plain omelette	Quorn nuggets
Lighter Option	Jacket potato with filling	Jacket potato with filling	Jacket potato with filling	Jacket potato with filling	Jacket potato with filling
Accompaniments	Broccoli Carrots	Peas Sweetcorn	Broccoli Mixed Veg	Boiled potatoes Carrots Cauliflower	Chips Baked beans Sweetcorn
Additional Items	Fresh baked bread Mixed salad	Fresh baked bread Mixed salad Ketchup	Naan bread Mixed salad	Fresh baked bread Mixed salad	Fresh baked bread Mixed salad
Dessert	Ginger sponge with white sauce	Chocolate brownie	Oaty biscuit with fruit wedges	Jam sponge with custard	Jelly and fruit
Cold Options	Fresh fruit salad, whole fruit, yogurts, cheese and crackers, milk and fresh water				